

THE HIDDEN PLACES OF THE LAKE DISTRICT AND CUMBRIA

PRESS RELEASE

Enjoy exploring the Lake District and Cumbria with a guide, that is the ultimate companion for locals and visitors alike.

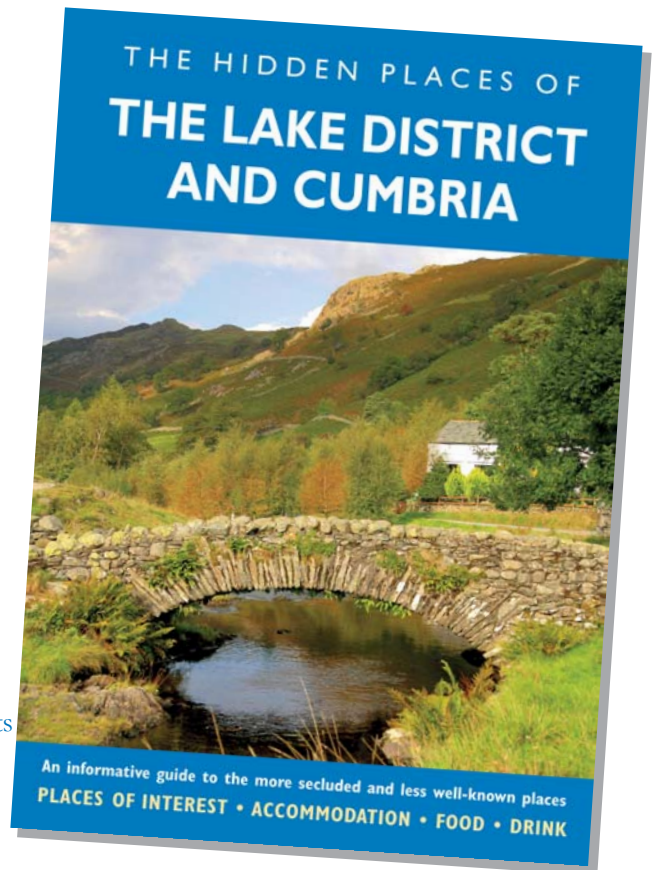
The Hidden Places of The Lake District and Cumbria is available from **Monday 28th September 2009** and can be found in all major bookstores, independent bookshops, internet retailers and direct from Travel Publishing. RRP £8.99.

The Hidden Places series is a collection of easy to use, soft-backed travel guides, printed in **full colour**.

A predominantly rural county, Cumbria is home to the Lake District National Park. The picture-perfect Lake District has long been one of the country's favourite places for savouring the great outdoors, and with such a smorgasbord of natural wonders, it's not hard to see what keeps the visitors coming back. But there's much more to this region than fine views – it's packed with history and culture.

Highlights

- Helps you discover some of the region's lesser-known sights
- Beautifully illustrated with coloured photographs & maps
- Lists all Tourist Information Centres
- Essential information on places and sites to visit
- Helpful indexes to villages, towns and places of interest



“An attractive and easy-to-use guide”

– Rossendale Free Press

Writer - Kate Daniel

Kate Daniel is a poet and writer based in South Devon. She achieved BA Hons Creative Writing from the University of Gloucestershire and has been published in several journals, including a large sum of work in several collections from the Bristol-based Blue Chrome Publishing. Kate has an on-going interest in coastal and nature conservation, and also in tourism as a means of preserving and sustaining local communities.

Notes to Editors:

- A number of copies of the book are available to provide material for articles and reviews and/or for giveaways or competition prizes.
- The writer is available for interview.
- Travel publishing can also make available editorial content for use with particular articles or as input to a series of features on The Lake District. This has already proved to be very popular with a number of leading newspapers.
- Images available upon request.

Bibliographic Information

ISBN: 9781904434870
Previous ISBN: 97841904434320
Edition: 9th Revised Edition
Pages: 256
Writer: Kate Daniel
Publication date: Oct 2009
Price: £8.99

For more information contact **Samantha Russell** at **Travel Publishing Ltd.**

Tel: 01752 697280 Fax: 01752 697299 Email: samantha@travelpublishing.co.uk